



Patient Instructions

## Ureteral Stents

---

You have had a ureteral stent placed during surgery. This is a thin spaghetti size tube with 2 coiled ends; one end of the stent sits in the kidney and the other end sits in the bladder. The stent was placed to prevent obstruction of the ureter from stone fragments or swelling of the ureter following surgery.

You may have some discomfort on the side the stent is in. You may notice visible blood in your urine while the stent is in. You may also have some urinary urgency and/or feeling like you need to urinate more frequently. Use the pain medication your doctor has prescribed if needed for pain relief. Please ensure you are drinking plenty of fluids (2 liters/day minimum).

Please contact your doctor if the blood in your urine becomes thick/dark, pain medications do not control your pain or if you develop a temperature over 101°.

The stent will be removed by your doctor with a simple procedure that takes just a few moments. Most stents are removed after 3 to 7 days.

Please feel free to contact your doctor should you have any other problems/questions. Call 249-3900 and ask to speak with a triage nurse.